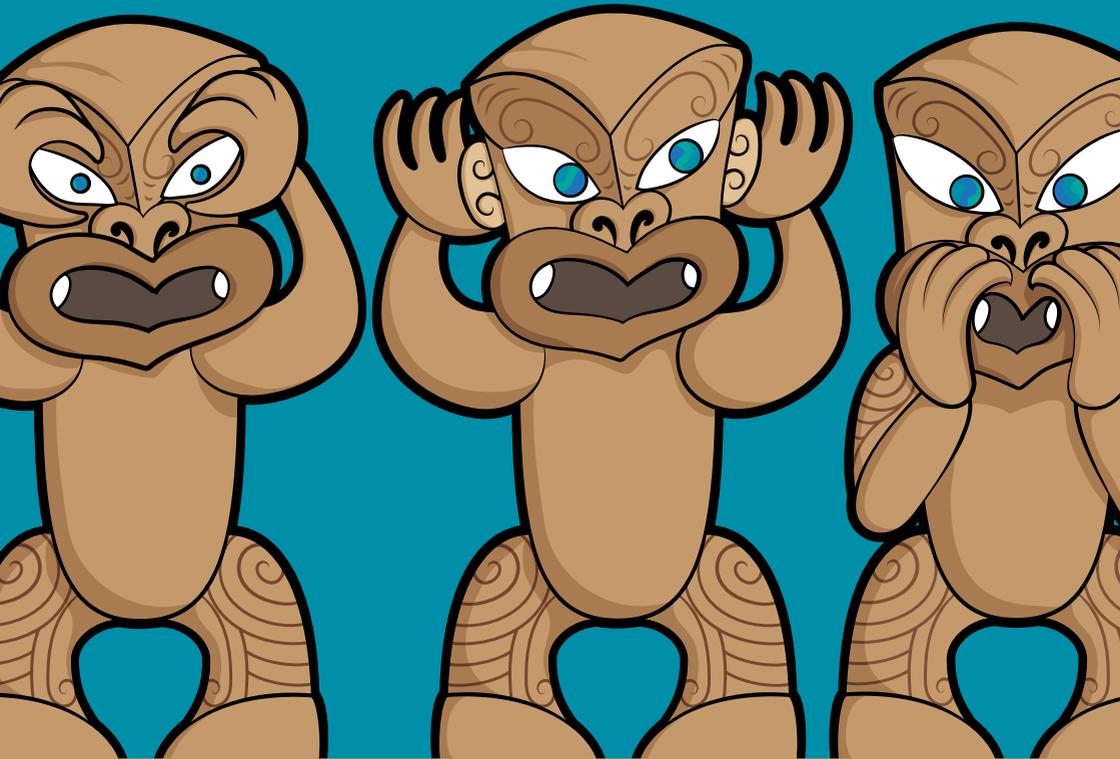
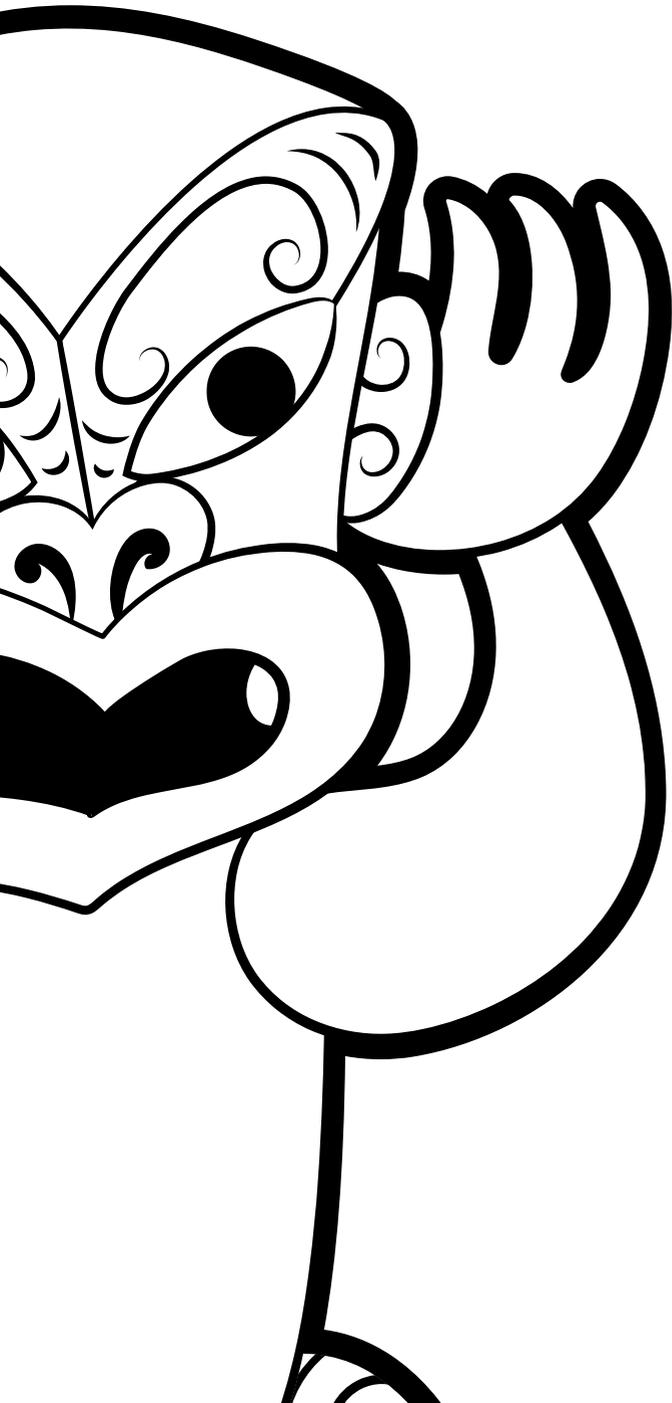


me kite, me rongō, me kōrero te Reo Māori

Mahuru Māori



Puka Tuhituhi



Kia ora rā!
Tēnā koe i tō whai wāhi
ki a Mahuru Māori –
ka mau te wehi!

He aha te Mahuru Māori?

He kaupapa whakakōrero i te hunga kōrero Māori, kia kōrerotia ai tō tātou reo Māori, kia rangona ai tō tātou reo, kia ora ai tō tātou reo.

Mā wai te Mahuru Māori?

He mea whakahihiko i te hunga kōrero Māori, matatau mai, mōhio mai rānei, heoi anō, ka taea e te katoa te kaupapa nei te whakamātau.

Me pēwhea?

Me kōrero Māori, i ngā wā katoa, i ngā wāhi katoa ki ngā tāngata katoa. Waihoki, ko te tuhituhi, ko te pātuhi, ko te īmera, ko te paohopori – katoa ngā mahi whakapāpā me reo Māori, ahakoa ki a wai mō te roanga atu o te marama.

E whakatenatena ana i ngā kaimahi o Te Wānanga o Aotearoa otirā i te ao ki te reo Māori. ‘Whiua ki te ao, whiua ki te rangi, whiua ki ngā iwi katoa’.

Nō reira, kōrero Māori, ā,
kia pārekareka!

Kia ora!
Thank you for
participating
in Mahuru Māori -
ka mau te wehi!

What is Mahuru Māori?

It's an initiative to get speakers of te reo Māori to speak Māori, so our language is spoken, is heard, and is kept alive.

Who is Mahuru Māori for?

It's for active speakers of te reo Māori, from fluent to those who have a good grasp of it. But anyone can give it a go.

How do you participate?

You speak Māori, all the time, everywhere and to everyone. This includes texting, writing, emailing, social media – any form of communication for the whole month.

We're encouraging our TWoA staff and all of Aotearoa to learn te reo rangatira and take it to the world.

Kōrero Māori, and have fun!

He kupu whakamahiri, he kōrero āwhina

The wiki i mua o Mahuru Māori

- Te wiki i mua i te Mahuru Māori, me tīmata tō whakarite i a koe mō te kaupapa nei. He mea nui kia whakaritehia te hinengaro mō te wero e haere ake nei.
- Hei ā mua hoki o te kaupapa, i a koe e mahi nei i ngā mahi o ia rā, whakaarotia ngā kupu Māori o aua mahi, me aua mea katoa – e mōhio ana koe ki ngā kupu Māori? Tuhia haeretia ngā kupu kāore koe e mōhio ana, he mahi pai tēnei hei whakarite haere i a koe.
- Whakamōhiohia tō whānau, ō hoa, me tō wāhi mahi – ko te whāinga, kia pai tā rātou tautoko i a koe. Whakaarotia hoki, he pēwhea tō tautoko i a rātou.

I tēnei marama, ka...

Tips and Advice

The week before Mahuru Māori

- Get yourself ready for the kaupapa. Mental preparation for the upcoming challenge is a must.
- While you're going about your daily activities, think of the kupu Māori that relate to what you're doing - do you know them? Start writing down new kupu. This is good preparation for the coming month.
- Tell your whānau, your friends, and your colleagues about Mahuru Māori so they can support you.

This month, I will...

I te wā o Mahuru Māori...

- Tuhia ngā kupu hou e ako ai koe.
- Mehemea ka rongu koe i te takeo, me āta aro ki te kaupapa, kia ū!
- He oranga ngākau te whai hoa kōrero Māori – mehemea he huinga hoa kōrero Māori, he pai rawa atu. Tēnā, whakaritea he kai tahi ki tētehi wharekai, ki te kāinga rānei o tētehi. Whakaritea he wā kapa kawhe.
- Me mau i tō pine i ia rā, hei whakamahara i a koe ki te kaupapa.
- I ngā ata, i muri tonu i te moe, i mua i tō wehenga i te kāinga, me whakaaro ki te rā, me tō ū ki te kaupapa e whai wāhi mai nei te hunga nui.
- I ngā pō, me āta huritao ōu wheako o te rā: he aha ngā mea pai? He aha ngā taupā? He aha ngā akoranga hei āwhina i a koe mō te rangi ka whai mai? Tuhia katoatia ērā ki roto i tō puka tuhituhi.

I ngā wā, e pokaikaha ana ahau, ka mahara kia...

During Mahuru Māori

- Write down all the new kupu you learn.
- If you feel frustrated, keep focused on the kaupapa, stick to your goal!
- Surround yourself with other people who speak Māori. Organise occasions to speak with them over kai or coffee.
- Wear your badge everyday, this is to remind you and others that you're on the kaupapa.
- Think about the day ahead, and your commitment to the kaupapa.
- Each day reflect on the experiences you had: the highlights, barriers, learnings. Write those down in your journal.

When I'm struggling, I'll remember to...

Mahuru Māori



Ka pū te ruha,
ka hao te
rangatahi

Aro

1

Ngā Kupu Hou

Mahuru Māori



Kia manawa
piharau

Aro

2

Ngā Kupu Hou

Mahuru Māori



Kia manawa
piharau

Aro

3

Ngā Kupu Hou

Mahuru Māori



Whāia te iti
kahurangi

Aro

4

Ngā Kupu Hou

Mahuru Māori



Kia
manawa titi

Aro

5

Ngā Kupu Hou

Mahuru Māori



Minamina
mairā

Aro

6

Ngā Kupu Hou

Mahuru Māori



Aro

7

Ngā Kupu Hou

Mahuru Māori



Aro

8

Ngā Kupu Hou

Mahuru Māori



Whakamahia
te reo

Aro

9

Ngā Kupu Hou

Mahuru Māori



Ko te reo
kia rere

Aro

10

Ngā Kupu Hou

Mahuru Māori



He tāonga
tuku iho

Aro

11

Ngā Kupu Hou

Mahuru Māori



He reo ora

Aro

12

Ngā Kupu Hou

Mahuru Māori



Kia kaha tonu
ki te kōrero

Aro

13

Ngā Kupu Hou

Mahuru Māori



Nanaotia
te reo

Aro

14

Ngā Kupu Hou

Mahuru Māori



Ākina te
whānau ki te
kōrero

Aro

15

Ngā Kupu Hou

Mahuru Māori



Aro

16

Ngā Kupu Hou

Mahuru Māori



Whāia te
pae reo kia tata,
whakamaua
kia tina

Aro

17

Ngā Kupu Hou

Mahuru Māori



He Arero Reo

Aro

18

Ngā Kupu Hou

Mahuru Māori



Maimoatia te
reo Māori

Aro

19

Ngā Kupu Hou

Mahuru Māori



Kia ū tonu,
kia mataara

Aro

20

Ngā Kupu Hou

Mahuru Māori



Kia manawa
piharau

Aro

21

Ngā Kupu Hou

Mahuru Māori



Kia manawa
piharau

Aro

22

Ngā Kupu Hou

Mahuru Māori



Whāia te iti
kahurangi

Ngā Kupu Hou

Mahuru Māori



Aro

24

Ngā Kupu Hou

Mahuru Māori



Minamina
mai rā

Aro

25

Ngā Kupu Hou

Mahuru Māori



Aro

26

Ngā Kupu Hou

Mahuru Māori



Aro

27

Ngā Kupu Hou

Mahuru Māori



Whakamahia
te reo

Aro

28

Ngā Kupu Hou

Mahuru Māori



Ko te reo
kia rere

Aro

29

Ngā Kupu Hou

Mahuru Māori



Ko te reo
kia Māori

Aro

30

Ngā Kupu Hou

Mahuru Māori



Mahuru Māori



Mahuru Māori



Mahuru Māori

Kōrerotia
te reo mō te
hemo tonu
atu

Mahuru Māori



Mahuru Māori



Mahuru Māori



Mahuru Māori



Nōku te reo

Mahuru Māori



Kia ū tonu,
kia mataara

Mahuru Māori



MahuruMāori

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