



Nā Hina Maramataka

2025/2026



Te Wānanga
o Aotearoa

Nā Hina te pō, nā Hina te ao



Hina is the personification of the moon
and is responsible for the darkness at
night and the light in the day.

Disclaimer: The information contained herein is a guide only. The sequence or order of the enclosed information may differ along with the spelling amongst certain iwi and local regions. We encourage you to find the maramataka that pertains to your iwi or local region for more detailed and accurate information in that area.

The daily affirmations are purely suggestive to exemplify what a present-day adaptation of the Māori lunar calendar could look like based on the research and knowledge at the time of creation of this maramataka. To the full extent permitted by law, Te Wānanga o Aotearoa will not be liable in respect of any claim for any loss, damage or injury whatsoever (including, without limitation, any consequential, indirect, special, punitive or incidental damages) as a result of relying on enclosed information. Special thanks to Dr Rangi Matamua for his support and guidance. To find out more about his work, visit www.livingbythestars.co.nz

Many thanks also to our internal contributors for sharing their mātauranga.

About this maramataka

What is a maramataka?

The maramataka is a calendar and almanac based on the movements of the moon and stars. Our tūpuna (ancestors) developed and adapted the maramataka over centuries of observation, recording and passing on knowledge of changes in te taiao (the natural environment) with each lunar phase. Different iwi and hapū may have their own versions of the maramataka.

What makes the maramataka different?

Most calendars we use today are Gregorian calendars, characterised by a 365-day year to match the amount of time it takes for the earth to complete one revolution around the sun. A maramataka measures time by stellar months and lunar phases.

Gregorian calendar	Maramataka
Based on the sun	Based on the moon and stars
Aligns to a 24-hour day	Does not align to a 24-hour day
Different number of days each month	Same number of lunar phases each month
Months are identified using names and events from ancient Rome	Months are identified by the star(s) that rise with the new moon

In our maramataka, Whiro (the new moon) and Rākaunui (the full moon) are accompanied by the Gregorian date on which they occur for your reference. The lunar phases are read vertically down each column first, then across from left to right.

We encourage you to go outside, observe the sky (during the day as well as at night), and note your own observations for the other lunar phases. By recording these observations, you can create your own personal maramataka.

How do I use this maramataka?

- › Cut out the lunar phase cards found in the back pages of this maramataka.
- › Observe the moon. Use the cards as a visual guide to help you determine its phase.
- › Make notes in the pages of your maramataka. You might choose to record the Gregorian date and time at which you observed the lunar phase. You may also record your observations of te taiao or your own energy levels.

About the toi featured in this maramataka

The toi featured in this maramataka is the work of our taurira from across the motu who developed their whakairo (carving), raranga (weaving), and rauangi (visual arts) practices through our toi programmes. End-of-year exhibitions showcase the growth of our taurira and invite their communities to join us in celebrating their achievements. To learn more about our toi programmes offered in your area, visit us online at twoa.ac.nz/toi.



Kahu Piu
© Cedric Kapa (Ngāpuhi)

Whiro



Mei 27
Rises with the sun

Tīrea



Hoata



Ōuenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Ariroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Hune 11
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



Mutuwhenua





Waiti (tekoteko)
© Pene Campbell (Ngāti Maniapoto)

Whiro



Hune 25
Rises with the sun

Tīrea



Hoata



Ōuenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Ariroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Hūrae 11
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



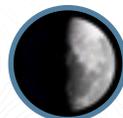
Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



Mutuwhenua





Whiro



Hūrae 25
Rises with the sun

Tīrea



Hoata



Ōuenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Ariroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Ākuhata 9
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



Mutuwhenua





Whiro



Ākuhata 23
Rises with the sun

Tīrea



Hoata



Ōuenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Ariroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Hepetema 8
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



Mutuwhenua





Matariki (tekoteko)
© Hōhepa McAuley (Te Roopu Haahi Mihingare)

Whiro



Hepetema 22
Rises with the sun

Tīrea



Hoata



Ōuenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Ariroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Oketopa 7
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



Mutuwhenua





Whiro



Oketopa 22
Rises with the sun

Tīrea



Hoata



Ōuenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Ariroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Noema 6
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



Mutuwhenua





Te Kete Aronui (kete whakairo)
© Jessica Clark (Ngāti Paretekawa/Ngāti Maniapoto)

Whiro



Noema 20
Rises with the sun

Tīrea



Hoata



Ōuenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Ariroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Thema 5
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



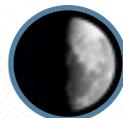
Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



Mutuwhenua





Tamahore (pou)
© Raymond Hohipa (Ngāi Tūhoe/Ngāti Kahungunu)

Whiro



Tihema 20
Rises with the sun

Tīrea



Hoata



Ōuenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Ariroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Hānuere 3
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



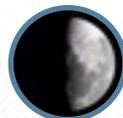
Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



Mutuwhenua





Whiro



Hānuere 19
Rises with the sun

Tīrea



Hoata



Ōuenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Ariroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Pēpuere 2
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



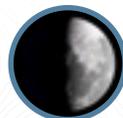
Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



Mutuwhenua





Te Ngahuru o Poutūterangi

Maramataka 2025/2026

Whiro



Pēpuere 18
Rises with the sun

Tīrea



Hoata



Ōenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Āiroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Māhe 4
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



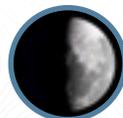
Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



Mutuwhenua





Kawau Maro (wahaika)
© Pene Campell (Ngāti Maniapoto)

Te Ngahuru mā tahi o Paengawhāwhā

Maramataka 2025/2026

Whiro



Māhehe 19
Rises with the sun

Tīrea



Hoata



Ōuenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Ariroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Āperira 2
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui

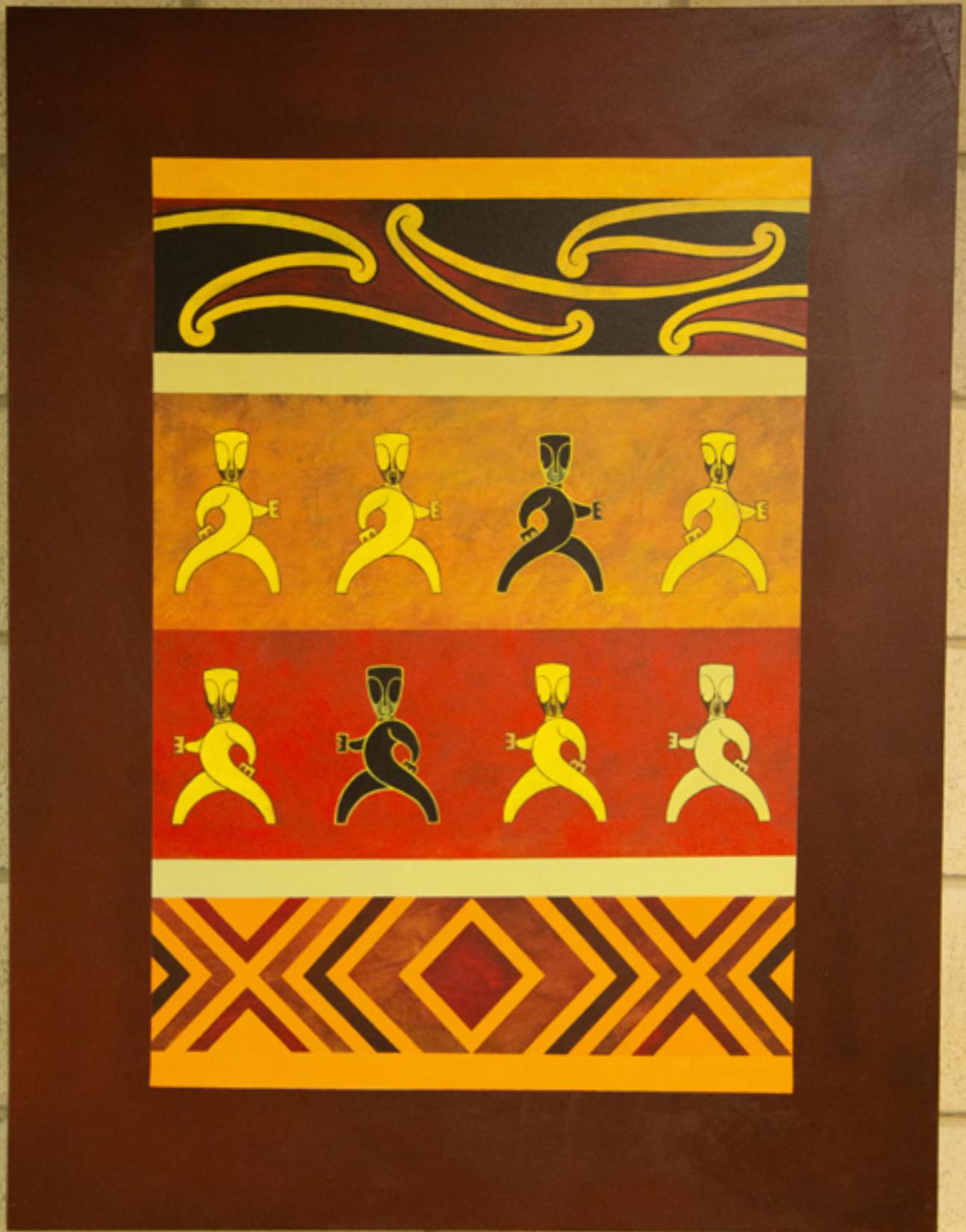


Ōmutu



Mutuwhenua





Te Ngahuru mā rua o Haki Haratua

Maramataka 2025/2026

Whiro



Āperira 17
Rises with the sun

Tīrea



Hoata



Ōenuku



Ōkoro



Tamatea-Āio



Tamatea-ā-Ngana



Tamatea-Kai-Ariki



Tamatea-Tūhāhā



Āriroa



Huna



Mawharu



Ōhua



Atua Whakahaehae



Turu



Rākaunui



Mei 2
Rises as the sun sets

Rākaumatohi



Takirau



Oike



Korekore Tuatahi



Korekore Rawea



Korekore Whakapiri



Tangaroa-ā-Mua



Tangaroa-ā-Roto



Tangaroa-Whakapau



Tangaroa-Whāriki-Kiokio



Ōtane



Orongonui



Ōmutu



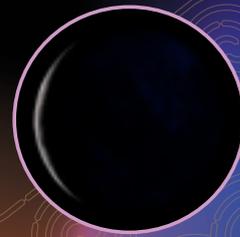
Mutuwhenua





Whiro

As motivation is low at this time, take care in the things you do. Keep close to home and spend time with whānau.



Tirea

A time to review and reflect. The next four days are good for forward planning and putting things in place.



Hoata

Go for an early morning walk. It's a good time to start new projects.



Ōuenuku

A good day for physical activity. An increase in aspirational thinking helps with forward planning.



Ōkoro

It's time to put your plans into action. As with most things those first few steps can be hard ones. Be aware that Tamatea is on the horizon.



Tamatea-Āio

It's a good time to tidy up your workspace. Clean your desk, sweep out your workshop or get those admin tasks done.



Tamatea-ā-Ngana

Tamatea brings a time of unpredictability. Take care if you need to make important decisions.



Tamatea-Kai-Ariki

Take caution when making important decisions or holding group meetings.



Tamatea Tūhāhā

Maintain patience and understanding when dealing with others. That also includes yourself.



Ariroa

Start your day with your favourite mindfulness activity.



Huna

Productivity may be a challenge at the moment. Go for a walk or spend time with whānau and friends.



Mawharu

Make the time to wānanga with others about future aspirations. It's a great time to be productive!



Ōhua

An ideal time to meet with others to discuss the progress of projects.



Atua Whakahaehae

Start the day early with karakia. A full moon is coming and now's a good time to reflect on what you'd like to achieve over the next month.



Turu

Whether you're at home, work or play – it's a good day to start or continue projects and activities.



Rākaunui

The full moon means it's an ideal time for planting above-ground crops.



Rākaumatohi

Underground crops planted during this time will grow large, but few.



Takirau

Any planting done today will harvest plenty, but they'll be small in size.



Oike

A good day to focus on getting chores around the house completed.



Korekore Tuatahi

Spend time with whānau, especially those who need a bit of help.



Korekore Rawea

It's a good time to come together and wānanga with others.



Korekore Whakapiri

Spending time in preparation now, will help you maximise the productive days for the week ahead.



Tangaroa-ā-Mua

Tangaroa brings a productive phase. How it begins will confirm how the rest of this time will flow.



Tangaroa-ā-Roto

Tangaroa also supports productivity goals at home and work.



Tangaroa-Whakapau

Prioritise your physical wellbeing goals for the month ahead.



Tangaroa-Whāriki Kiokio

Give thanks to Tangaroa for the abundance he brings. Try something new today.



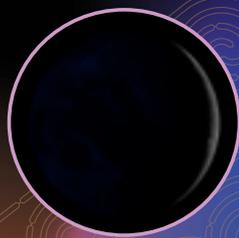
Ōtane

It's still a fertile time as Tāne arrives. Planting, eeling, fishing, planning, preparing – this day is good for all these things.



Orongonui

Another great day for being productive. The messages over the past few days are relevant for today, too.



Ōmutu

As the productive phase comes to a close, focus on completing outstanding tasks.



Mutuwhenua

If you've been thinking of looking for new opportunities, today's a good time to give more consideration to future plans.